

Hunger Action Month September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Take 30 action in September to join in the movement to solve hunger.</p>					1	2
3	4	5	6	7	8	9
<p>Sign up to volunteer at the food bank!</p> 	<p>Donate nonperishable foods to the food bank using Instacart.</p> 	<p>Add the RRFB HAM profile frame to your Facebook pic!</p> 	<p>Learn more about hunger on our YouTube channel!</p> 	<p>Use #HungerActionMonth in a social media post!</p> 	<p>On Fridays we wear ORANGE</p> 	<p>Make a gift to the food bank in honor of a loved one!</p> 
10	11	12	13	14	15	16
<p>Sign up to receive awesome monthly emails from Roadrunner!</p>	<p>Remember 9/11</p> 	<p>Learn more about Roadrunner's volunteer opportunities.</p> 	<p>Share why you support #RoadrunnerFoodBank!</p> 	<p>Surf the web with Give with Bing</p> 	<p>HUNGER ACTION DAY!</p> <p>Make sure you wear orange and change your profile pic!</p>	<p>Buy fresh produce at the farmers' market and donate it to the food bank!</p> 
17	18	19	20	21	22	23
<p>Like the food bank's social media posts</p> 	<p>Share a hunger fact with a friend or family member.</p> 	<p>Attempt to eat 3 healthy meals on a typical daily SNAP budget (\$3.02)</p> 	<p>Learn more about our SeedCorps Program at rrfb.org/seedcorps</p> 	<p>Volunteer at the food bank or a community food distribution!</p> 	<p>Start a food drive!</p> 	<p>Try one of Roadrunner Food Bank's healthy recipes!</p> 
24	25	26	27	28	29	30
<p>Learn more about Roadrunner's story.</p> 	<p>Share a video about hunger from the food bank's YouTube channel.</p> 	<p>Tag the food bank w/ #HungerActionMonth in a social media post!</p> 	<p>Start a fund drive!</p> 	<p>Encourage your Civic Group, Company or Organization to come Volunteer!</p>	<p>Learn about how food banks work.</p> 	<p>Pledge to continue acting against hunger!</p> 
 Roadrunner.Food.Bank  RoadrunnerFoodBank  RoadrunnerFdBnk  RoadrunnerFoodBank				<p>Thank you for participating in Hunger Action Month!</p>		
<p>Follow the food bank on social media!</p>						