

September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1 Commit to a weekly Hunger Action Month activity.	 2 Hear about the impact of childhood hunger from Lilly here .	 3 Share this calendar with family and friends from this link .	4 Share why and how you are getting involved in Hunger Action Month here .	5 Find a volunteer event in your area. Sign up to help on Sept. 10. Here's our schedule .	 6 EVERY Friday, wear orange and share why with others!	 7 Learn how food banks work here .
 8 Hear Maddi's Fridge' - a story about poverty and hunger here .	 9 Make a donation and spread the word about gifts being doubled this month .	10 It's Hunger Action Day across the country. Wear orange and share with others why.	 11 Remember those lost on 9/11	 12 Join the food bank team and light up the food bank at 5840 Office Blvd NE. Starts at 5:45 pm.	13 Follow and comment on the food bank's social media. Links are below.	 14 Buy / harvest produce and donate it to the food bank!
 15 Shopping at Smith's this month? Donate \$1, \$3 or \$5 at the register.	 16 Invite our team to come and present to your group here .	 17 Start a food and fund drive. Learn more here .	 18 Try one of our healthy recipes here!	 19 Find and share with others the Meal Gap in your county here .	 20 Schedule a tour of the food bank or a hunger relief org near you!	 21 Learn about the healthcare costs of hunger here .
 22 Sign up to receive email updates here .	 23 Maximize the freshness and quality of food items. Use this FREE APP .	 24 Invite 2-3 friends to schedule a volunteer time with us here .	 25 Learn about the history of food banking here .	 26 Learn about the impact of hunger on health here .	 27 Pappadeaux's matches your in-restaurant donations 9/18 - 9/30.	 28 Attempt to eat 3 meals on a typical daily SNAP budget \$3.02 a day.
 29 Learn how to reduce food waste at home here .	 30 Learn how to help our neighbors in need connect to food assistance here .	Follow the food bank on social media! <div>  Click here  Click here  Click here  Click here  Click here </div>				

♥ Thank you for making a difference! ♥